NFS BRISTOL COMMUNITY DINING 10 MAY

M E N U

JERK AUBERGINE & RICE'N'PEAS

JAMAICAN SPICED
GRILLED AUBERGINE,
COCONUT RICE
WITH KIDNEY BEANS,
KALE &
FRIED PLANTAIN

ALLERGENS: SOYA

SAUSAGE, MASH & VEG

QUORN OR PORK
SAUSAGES, CREAMY
MASHED POTATOES,
ROASTED CARROTS,
GARDEN PEAS & KALE
WITH HOMEMADE
YORKSHIRE PUDS & A
RED ONION GRAVY

ALLERGENS: MILK, WHEAT, EGG (PORK SAUSAGES + SULPHITE, SOYA) (QUORN SAUSAGES + EGG, BARLEY)

FARINATA WITH SALAD

ROASTED VEGETABLE CHICKPEA BAKE WITH VEGAN GARLIC MAYO, POTATO SALAD & SLAW

ALLERGENS: TBC

RHUBARB FRANGIPANE TART & CUSTARD

RHUBARB FROM
LOUISE'S GARDEN
IN AN ALMONDY
TART SERVED
WITH HOMEMADE
CARDAMOM CUSTARD

ALLERGENS: MILK, EGG, NUTS, WHEAT